



Indian Association Of Secretaries And Administrative Professionals Brain And Brawn

July to
September
2022

MANAGING COMMITTEE

CHAIRPERSON
BAKHTAWAR BATTIWALLA
9890175552

VICE CHAIRPERSON
MONICA D'SOUZA
9850152385

HONORARY SECRETARY
ASSUNTA CHRISTY
9850893540

HONORARY TREASURER
ANNABELLA SALIS
9822895157

COMMITTEE MEMBERS

PREETA VENUGOPAL
9922933387

RATIKA KHENAT
9970067693

DAISY D'SOUZA
7057465475

IMMEDIATE PAST CHAIRPERSON
BEROZE DIVECHA
9763708722

FROM THE CHAIRPERSON'S DESK....

Beautiful	Assertive
Kind	Humble
Team Leader	Always there
Wonderful	Awesome
Robust	



"Success is the sum of small efforts, repeated day in and day out." –Robert Collier

As the newly elected IASAP Pune Chapter - Chairperson, I thank the members for the support rendered to me to take on this role. There is a quote which says "Learning is a treasure that will follow its owner everywhere." I hope that my actions and decisions help the association become more vibrant and a place where members look forward to actively participate in all the programs that are planned thereby helping the association reach greater heights.

We had a good monsoon this year which has nourished Mother Earth abundantly. As human being, the environment we exist in plays a very important role in the well-being of every life possible on this Earth, and it is our duty to preserve and keep everything in check. We should be a lot more conscious of the kind of environment we are a part of and try to make it sustainable. Let us join together and do our part in making our environment and our life on this planet as wondrous as it should be.

With board results out am sure all the children must be anxious to celebrate their results with their near and dear ones. Ladies, encourage them to think positively and remain confident that things will turn out okay. The only real failure would be giving up. Be proud and celebrate their achievement with lots of love and rigour. My Committee and I congratulate each and every student for their efforts and hard work and wish them a successful future. God Bless!!!!

Season's Greetings to everyone. May this festive season bring cheer and blessings to you and your family.

Always there!

Bakhtawar Rumi Battiwalla
Chairperson





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FROM THE EDITOR'S DESK.....



Dear Friends,

I am delighted to connect with you beautiful ladies as the Editor of Brain & Brawn, Pune Chapter, IASAP. I thank our Chairperson, Committee members and you dear ones for electing me as the Committee Member of our Pune Chapter. I assure to render my best services in all my endeavors while on the Committee.

Enjoying Everyday Life!

God has blessed us with this beautiful life. Let's enjoy it every day by being happy and spreading the joy and cheer to everyone around us. We don't have to search for this happiness outside as it is already there within us. Every one of us has that divine spark within us that helps us to love our creator, ourselves and everyone around us. Just follow 2 principles everyday i.e. Love and forgive one another to enjoy this beautiful life.

Shakespeare said:

I always feel happy. You know why?

Because I don't expect anything from anyone.

Expectations always hurt. Life is short. So love your Life. Be Happy. And keep smiling. Before you speak, listen. Before you write, think. Before you spend, earn. Before you pray, forgive. Before you hurt, feel. Before you hate, love. Before you quit, try. Before you die, live.

Be Happy, Be Blessed!

Daisy Dsouza





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The First Offline Session of IASAP Pune Chapter for Year 2022 was held at Hotel Crown Plaza. Chairperson Bakhtawar Battiwalla welcomed the members and thanked the Hotel Sales Team for their hospitality and generosity.



Our Honorary Treasurer, Annabella Salis introduced the Hotel Sales Team viz. Mr. Sarfaraz Mohammed - Director of Sales & Marketing, Mr. Chetan Surwade - Sr. Sales Manager, Ms. Pooja Naik - Sales Manager, Ms. Bhagyashree Pawar - Asst. Sales Manager, Mr. Utkarsh Jadhav - Sales Executive and Ms. Poorva Bhalla - Sales Executive and thanked them for hosting us. Thank you Anna for coordinating and arranging this session for us at Hotel Crown Plaza.



Mr. Sarfaraz Mohammed, Director of Sales & Marketing of Hotel Crown Plaza welcomed the members of IASAP Pune and Mr. Chetan Surwade, Sr. Sales Manager gave a presentation of the Hotel and requested the members to patronize it.



Our newly elected Committee Member, Ratika Khenat introduced the Dynamic and Powerful Speaker of the session, none other than our own beloved Hyacinth Arya.



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July 2022

Recap - Tamil Nadu Convention and update on BPC

Our
Energetic,
Evergreen
and Ever
Joyful
Hyacinth in
action



We Love
You
God Bless
You
HYA

IASAP-Tamil Nadu Chapter Hosts- 17th National Convention April 28th to 1st May 2022

Hyacinth summed up the 3 days Tamil Nadu National Convention in just about an hour!!!

DAY ONE: Check in of Delegates, Best Practices Contest (BPC) and the inaugural function to set the tone of the convention.

DAY TWO has 3 sessions

Fostering Entrepreneurship - By: Mr. M. Mahadevan- Founder Hot Breads.

Tag Line: Make a Resolve to Solve- only then you will Evolve.

What the Finance -Smart Financial Management - By: Ms. Sangeetha Sumesh- Business Coach.

Tag Line: Feed the Need not the Greed:

Sustainable Living - Climate change and what a common (wo)man can do to mitigate it.

By: Mr. D.Suresh -Freelance Consultant.

Tag Line: If the rooftop is cool, family and life is super cool.

Visit/tour to Mahabalipuram in the sweltering heat - Reaching each archaeological site and ruin was a feat.

Chapter Cultural Performances - The evening saw the colorful Hawaiian theme in full swing, Each had a blast of music from the present and the past dancing to the tunes of the DJ. All gorged on the dinner spread.



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The best thing
to hold on to
life is each
other.



DAY THREE - All ladies were ready to look their best for the photo session.

Wellness Focus-Health - By: Dr. Janana Iyer- Sr. Consultant

Tag Line: Make a 350 degree change to improve your curvy range.

Mind and Body Wellness - By: Ms. Sudha Cannan - Faculty and Executive

Tag Line: Start out positively to act constructively.

Expanding Horizons beyond work - Giving back meaningfully - Ms.Meenakshi Ramesh - Executive Directors & CEO-United Way-Chennai.

Tag Line: If there is life there is hope, you do not need any other dope.

IASAP Bazaar: This afternoon saw ladies at their best as saleswomen, as the proceeds went towards donation for a social cause to the Host Tamil Nadu Chapter.

Evening Tribal Showcased a tribal aspect of Incredible India. Hyacinth Arya of the Pune Chapter choreographed all the 14 tribals and merged them into one endearing impromptu act- **What Unity in such Diversity**

Retro Style - saw delegates in various Hollywood and Bollywood attire or a get up. Each one stole the show in their own sweet way; the DJ ensured each retro matched their attire and their chatter kept overflowing from the dance venue to the dinner platters.

The Amazing hosts the Tamil Nadu Chapter NC Team held hands with the Radisson Blue Resort Management and gave us a frolicking and rollicking time. Kudos- Hip Hip Hurray, we bid adieu the next morning only to await the next convention in Kolkata.

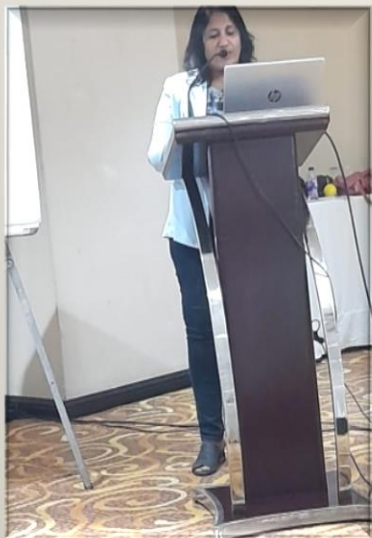


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July 2022

Recap - Tamil Nadu Convention and update on BPC



Our versatile and talented Committee Members, Assunta Christy and Preeta Venugopal updated the members on our Best Practices Contest (BPC) projects.

Preeta explained to the members on our first BPC project viz.

Financial support and aid extended to Sakshi Jhangam to pursue her higher education in Computer Engineering. Sakshi is associated with Sunrise Candles, Moleshwar, they provide skill development and employment opportunities to under privilege and special children.

Assunta who is associated with Snehalaya Institute for children with Cerebral Palsy and Multiple Disabilities, Wagholi, since 2018 explained to be members on our second BPC project viz.

Financial aid and support to Dnyaneshwari Sonawane, an inmate of Snehalaya to pursue her higher education. A brilliant child aims to pursue higher education and give back to the society.

She also explained to the members on our third BPC project viz. Support to SOFOSH at Sassoon Hospital. SOFOSH is a child care institute providing shelter, care and education to the children and render all possible support to couples who are want to adopt a child from this institute.

Preeta and Assunta thanked the members for all their monetary aid extended for these projects. They and our Chairperson Bakhtawar requested the members to take active part in these projects not only through financial help and also by visiting these institutes and spending quality time with the children and teaching or coaching them in some of their subjects like Maths, Science and Languages and skill development and hobbies.

Not all of us
can do great
things. But
we can do
small things
with great
love.





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Recap - Tamil Nadu Convention and
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Some Fun Filled and Team Building Games for the Members by our Fun-Frolic Hya



Beauty Queens of the Evening!!!

Hya had distributed some news papers to the 4 teams. Each team had to select one member from their team and adorn her with maximum number of jewelry made by the newspapers.

See our Beauty Queens showing off their jewelry.



Members showcasing the tallest tower made by their teams.

Each team had to build a tallest tower of the newspapers given to them.

All the members actively participated and enjoyed these games and had a wonderful time that evening.



Thank you Hya for these interesting and fun games which brought alive the child like spirit in us and made us look few years younger!!!

Now we know your secret of staying young!!!

Thank you Hya also for the gift that you gave to all us, So sweet of you!!!



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Recap - Tamil Nadu Convention and
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Our heartfelt thanks to Hotel Crown Plaza Sales Team for their courtesy and generous hospitality. We all loved the special welcome drink and the sumptuous, lip smacking and lavish High Tea treat. And of course the special cookies pack given to every member. Thank you and God Bless You!

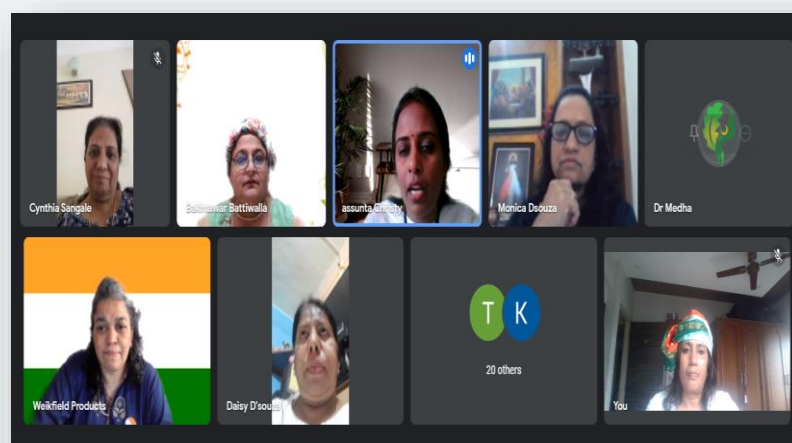
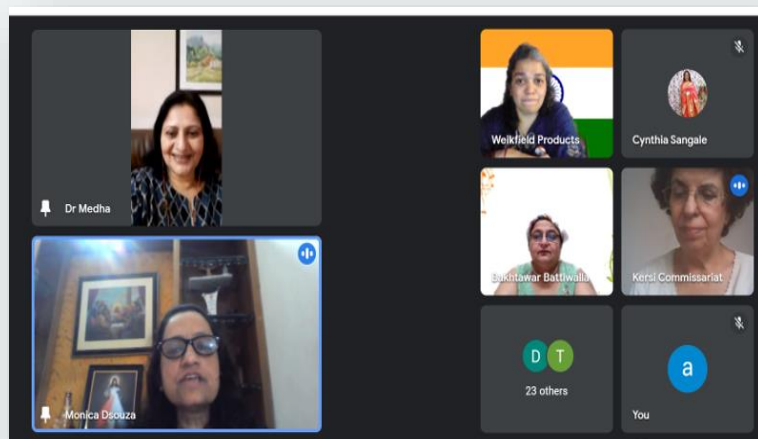




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August 2022 Plastic Waste Management By Dr. Medha Tatpadrikar



On Sunday, 14th August 2022 we had an interesting session on Plastic Waste Management by Dr. Medha Tatpadrikar, a Plastic Warrior, TEDx Speaker, Writer and Entrepreneur.

Dr. Medha is a Member of National Plastic Committee of Material Recovery Association of India and Managing Committee Member on Plastic, MSME Chamber of Commerce & Industry of India and Founding Trustee of Keshav Sita Memorial Foundation Trust.

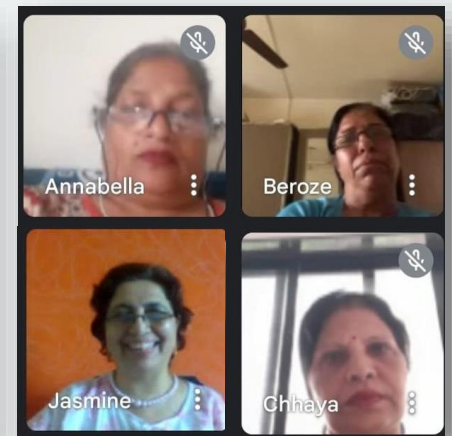
She explained to the members how this Trust is instrumental in creating awareness of waste plastic and segregation at source for better waste management. This Trust collects waste plastic from more than 35,000 households, hotels and offices in and around Pune, managed to connect and inculcate habit of source segregation amongst more than 1.5lakh people. The Trust has also been collecting waste plastic from far away places like Baramati, Baneshwar, Raigad Fort, Bhima Shankar, Thane and Dombivli. Her efforts have helped collection of more than 2,50,000 Kg of waste plastic which was otherwise headed for landfill.

Dr. Medha and her team built the first pilot machine in 2010 which converts waste plastic in to usable fuel. Currently running 3 plants in Jejuri, Pune Municipal Corporation and Kalyan Dombivli Municipal Corporation.

She urged the members to be part of their campaign “My Garbage, My Responsibility” and to segregate waste plastic at our homes and housing societies and connect with their team to collect it.



September 2022 Trend of Purposeful Organization By Ms. Ojaswini Sapatnekar



We had another interesting session on Sunday, 18th September '22 by Ms. Ojaswini Sapatnekar.

Ms. Sapatnekar is a HR Professional with over 15 years of experience with eminent corporates viz. Convergys India Pvt. Ltd., Nihilent Technologies Pvt. Ltd., Thermax Ltd., Bekaert Industries Pvt. Ltd and Upcurve Business Services.

She is presently Vice President-Human Resource of “udChalo”. She comes from an army family. Throughout her life she saw her father fighting for the country and keep the civilians safe. Her Father being her role model, she too developed a wish to serve the country but due to circumstances she could not achieve her dreams. But she always hoped to fulfill that wish and be around her “Family”. After 12 years of working in MNCs she finally found a workplace named “udChalo”, which she calls her second home.

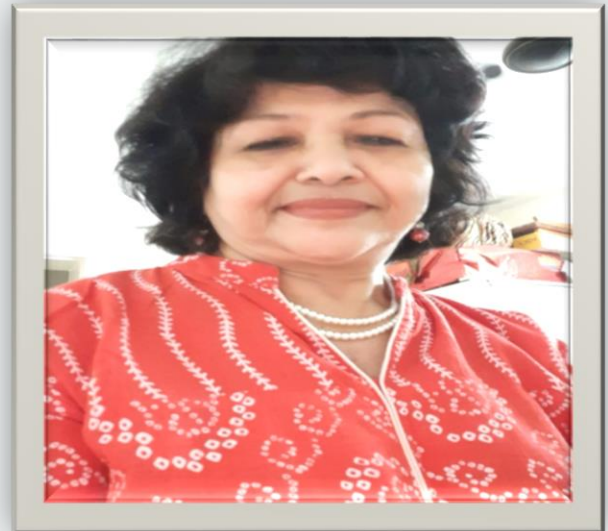
She explained Maslow’s Need Hierarchy Theory of how we move on from Physiological needs, Safety Needs, Love and belonging, Esteem and Self Actualization. How mankind transitioned from 1st Revolution (Mechanization, steam and water power in 1780)to 2nd Revolution (Mass production and Electricity in 1870) to 3rd Revolution (Electronics and IT systems, automation in 1970) to 4th Revolution (Cyber Physical systems in 2000)

Some examples of purposeful organizations are:

- 1) Adidas - How to think and act sustainably (Sustainability of earth)
- 2) Patagonia - Patagonia is in business to save our home planet (Environment conversation)
- 3) udChalo - Service for services (Challenges of Defence personnel)
- 4) Goodfellow - Companionship (Elderly care and support).

Monsoon Magic - Paintings by our beautiful and talented artist Saroj Paranjpe.

Thank you Saroj for sharing your beautiful artwork and we look forward to the exhibition of your paintings!
God Bless You!



Koi hudmdum na raha... koi sahara na raha..



Chala jata hoon.. Kisike dhun mein..dhadakte dil Ke tarane liye...



O sajana bharka bahar aayi...



Rimzim ke tarane leky ayi barsaat.....



Ye Re Ye Re Paavsa, Tula Deto Paisa....



Eh Aai Mala Paavsat Jau De
 Ekda Taari Paavsat Mala Chimb Chimb Hou De.



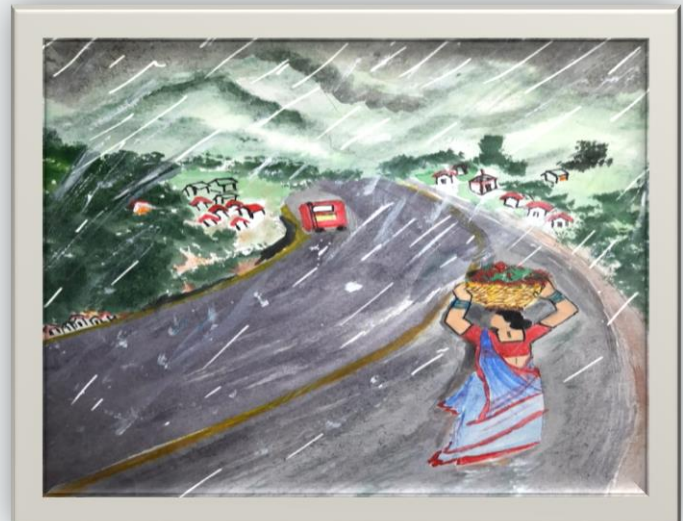
Tip Tip Barsa Paani, Paani ne Aag Lagayi...



Raat Kali Ek Khawb Mein Aayi...



Shravan masi Harsh masi, hirwal date
 Chohikade, khsanat yete sarsar shirwe,
 Kshanat firuni oon pade...



Jari Jari O kari Badariya, mat barso ri mori
 Nagariya, pardes gaye hai savariya...



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New Members of our Chapter

A warm welcome to Sheetal, Lisa, Prajakta and Aunkita who have joined our Association as Life Members. Wishing them good luck and active participation in all of our sessions.



Ms. Sheetal Raote,
Administration, Thermax Ltd.
Her hobbies are dancing and reading.



Ms. Prajakta Kore
Administration, Thermax Ltd.
Her hobby is listening to music



Ms. Lisa Martis, Sr. Accounts Executive, The Bishops School, Camp
Her hobbies are traveling, cooking, trying out new recipes and chilling with friends!!!



Ms. Aunkita Roy Dutta,
Business Head Secretaries to Vice President (AC&R),
Kirloskar Pneumatic Co. Ltd.
Her hobby is cooking.



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OCTOBER

Kiran Joseph	2-Oct
Malathi Iyer	3-Oct
Blanche D'souza	9-Oct
Ajeeta Shivdasani	11-Oct
Lina D'souza	19-Oct
Hyacinth Arya	21-Oct
Payal Bhatt Pandya	21-Oct
Karen Karbhari	22-Oct
Shirley Pinto	22-Oct
Archana Arora	24-Oct
Deepali Rewale	29-Oct
Pinky Bhata	31-Oct

NOVEMBER

Chaya Hublikar	3-Nov
Mary D'lima	5-Nov
Nilufer Amroliwala	10-Nov
Assunta Christy	12-Nov
Farida Achadwala	12-Nov
Shital Rawat	12-Nov
Poonam Magoo	14-Nov
Sunita Shivadasani	14-Nov
Veronica Lopez	14-Nov
Asha Narhire	16-Nov
Magdeline Azved	17-Nov
Irene Rato	19-Nov
Rani Pereira	20-Nov
Neetu Anavekar	21-Nov
Maria Colaco	22-Nov
Monica D'sousa	24-Nov
Sanobar Kotwal	24-Nov
Medha Joshi	26-Nov
Irene Gonsalves	27-Nov
Rashna Fraser	29-Nov

DECEMBER

Doreen Dsouza	1-Dec
Havovi Kanga	3-Dec
Caroline Coelho	4-Dec
Indira Suratwala	4-Dec
Latha Nair	4-Dec
Deepa Sinha	8-Dec
Kavita Bhalerao	9-Dec
Connie Fernandese	13-Dec
Preeti Shinde	13-Dec
Dilnawaz Nekoo	15-Dec
Jyoti Koppikar	15-Dec
Raina Dubey	16-Dec
Jennifer Engineer	20-Dec
Daisy Dsouza	21-Dec
Maria Lobo	22-Dec
Sarita Naidu(Aadhanki)	24-Dec
Meena Pardeshi	28-Oct
Beroze Divecha	29-Dec
Melaine Silveria	30-Dec





May the festive season
bring in lots of cheer,
love, joy and prosperity to
you and your family!!!

WISH YOU
**HAPPY
DUSSEHRA
&
PROSPEROUS
DIWALI**

Kindly send your feedback to:
daisy@kinetic-hyundai.com

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